

Lytham Primary Care Centre Newsletter

Issue Two Spring 2008

Lytham hospital time capsule contents revealed

Time capsule contents were unveiled at the Ground Breaking Ceremony on 20 February 2008.

Members from the local press and representation from the Primary Care Trust, Holland House and Fernbank Surgeries watched eagerly as the contents dating back to 1871 were unveiled by William Bingley, Chairman of North Lancashire Teaching Primary Care Trust. See inside for photographs and further details of the historic find.

The ground breaking ceremony held on 20 February was a symbolic start to the third generation of healthcare development on the same site that has provided Lytham residents with healthcare services for over 135 years. Members of the Primary Care Trust, Holland House and Fernbank Surgery joined developer Primary Asset

to celebrate the commencement of the construction of the new Lytham Primary Care Centre.

Contents of the time capsule revealed from a copy of the Lytham Times that a similar ceremony had also taken place on 19 October 1929 when E W Mellor Esquire J.P. laid Lytham Hospitals foundation stone which was witnessed by Lytham residents and His Worship the Mayor of Lytham St Annes, John Pearson Esq J.P.

Pictured in the photograph from left to right are Ashley Heath, Duncan McGrath, Dr Ruth Mason, William Bingley, Phil Hargreaves, Dr Richard Reed and Diane Eaton

Pictured right is Phil Hargreaves holding the time capsule outside the Trust's headquarters in Wesham.



Lytham Primary Care Centre stakeholder team



Phil Hargreaves with the time capsule

Your chance to win £100 of Booths vouchers

Answer the following five questions for your chance to win £100 of Booths supermarket vouchers.

Submit all your answers via email by 31 May 2008 to lytham-newsletter@primaryasset.com

1. What year did the contents of the Lytham Hospital time capsule date back to?
2. Name one item found in the time capsule when it was opened.
3. What are the names of the two surgeries relocating to the new Lytham Primary Care Centre?
4. How many weeks will it take to build the new Lytham Primary Care Centre?
5. What season will the new Lytham Primary Care Centre open?

The winner will be announced in the next edition of the newsletter due Summer 2008.



Primary Asset a company profile...

Primary Asset is a leading provider of innovative premises in the primary care market.

Lytham Primary Care Centre is located on the site of the former Lytham Hospital where there has been a health care presence since 1871. A sensitive demolition process was required to allow the adjoining mental health unit to be carefully separated from the former hospital buildings.

Primary Asset and their design team worked hard to ensure the project stakeholders were involved at all stages of the design process ensuring that the Lytham Primary Care Centre will provide a

comprehensive health care service for the locality within a modern and innovative building.

Lytham Primary Care Centre will accommodate the towns two existing GP practices alongside other health services including an endoscopy suite, X-Ray facilities, minor surgery and treatment suite. The centre will significantly improve patient access to primary care with outpatient services including physiotherapy, occupational therapy, health education and a health port for visiting mobile services. An integrated pharmacy and cafe facility further enhances the patient experience.

Computer generated image of the Lytham Primary Care Centre



Build update

the story so far...

Work in progress...

 **Allenbuild**

Ashley Heath and Ray Wilson

Piling complete with time to spare

Primary Asset and their chosen contractor Allenbuild were delighted to commence the construction of the new Lytham Primary Care Centre on 28 January 2008. Site set-up was the first step for Allenbuild, the next step and the initial phase of construction was to prepare the ground for the new building. The piling works started on 11 February, with considerable care taken to keep the disturbance to local residents to a minimum. Noise and vibration monitors were set around the site and checked to ensure that acceptable levels were not exceeded. The levels reported during the piling programme were in the range of 5-7 which were well below the acceptable levels of 17. The piling was programmed to take 4 weeks, however Allenbuild managed to complete the works in 3 weeks.

The Project Manager for Allenbuild, Ray Wilson said "We have made a fantastic start and have managed to complete the piling one week ahead of programme keeping the disruption and noise levels to a minimum. We would like to thank the local residents for their support and understanding during this noisy period of the construction process".

The build programme is 65 weeks with completion due Spring 2009. Work is being carried out on the substructure at present which involves drainage works, brickwork and the installation of the concrete ground slab. The next notable stage of the construction programme is the steelwork delivery and erection on site, this is due to take place mid April.

Allenbuild are based in Wigan and have been selected for their knowledge and understanding of NHS Developments. Ashley Heath from Primary Asset said "We were impressed with the level of quality finish and the understanding of healthcare buildings".

Allenbuild is currently on site with a new Community Hospital in Tremadoc for North West Wales NHS Trust and have recently completed schemes at Prestwich Hospital for Bolton Salford & Trafford Mental Health NHS Trust.



Lytham hospital time capsule opened as work starts on site

Following a tip-off from a local patient, a time capsule was discovered during the demolition of the former Lytham Hospital.

The time capsule was opened on 12 February 2008 at Lytham Forge blacksmiths located on Boundary Road.

It was opened in the presence of Mr Philip Warren, MD of Lytham Forge, and he was accompanied by Mr Philip Hargreaves, Head of Estates, and Mrs G Stansfield, Project Support Officer, North Lancs Teaching PCT.

The blacksmith had a good look at the capsule and there were two methods available to open the unit. One was by removing the solder, but was ruled out for fear of heat damage to the documents inside and the other method, which was the chosen one, was to carefully take small slices of the tube away using a saw. This had to be done a couple of times to reveal the inside of the tube.

It took approximately ten minutes to open the capsule since great care was taken to remove the sealed cap and protect the documents inside. The documents were very tightly packed and difficult to remove.

The first document to be opened was a note explaining that the coins in the time capsule were found under the foundation stone of the old building, built in 1871 and were located inside a glass jar which had not been sealed very effectively. There were also papers in the jar, but they had perished. The coins discovered were a two shilling, one shilling, 6d and 1d. There was a note in the capsule giving details and explanations of the contents from the earlier hospital.

The second document to be opened was a note from the Chairman, Mr John Pearson, on the occasion of the stone laying by Mr Mellor on 19 October 1929. The coins rolled up in

William Bingley with the contents of the time capsule



the note were a half crown, dated 1929, a florin dated 1923, a shilling dated 1926 and a sixpence dated 1928. Unlike the earlier coins, these four coins are in mint condition. There was also a 1 and a half d stamp.

The third document to be opened was the 57th report and balance sheet of income and expenditure to December 31 1928 of the Lytham Hospital. This is an A5 booklet in excellent reading condition some 24 pages in length.

The final document, which was difficult to extract from the capsule, was an original newspaper of the Lytham Times dated Friday 18 October 1929. The paper was in good condition, slightly creased and wrinkled given how it was pushed into the capsule, but easily readable. The newspaper is 10 pages in length and after close examination there is an article on page four relating the public notice of the stone laying at Lytham Hospital

The time capsule



Original 1871 building



21st Century gadgets

New time capsule to be buried

Your ideas needed...

In order to continue the tradition and provide an insight to future generations, we will be placing a new time capsule into the grounds of Lytham Primary Care Centre and need your ideas!

The contents of the time capsule contains artefacts dating back over 135 years and really has provided a glimpse into life all those years ago and shown how the times have changed. The new time capsule will be buried during the construction process and suggestions for what to put inside are now being taken.

Following the local and national press coverage of the time capsule we've been inundated with ideas ranging from USB sticks to IPODs and of course mobile phones. However, the more unique the suggestions are the more likely the chance of being included.

A list of all the chosen items will be included with the contributors names to give everyone a legacy for the future.

Please can you email any ideas and suggestions to lytham-newsletter@primaryasset.com or complete the enclosed competition card and post into the time capsule competition box.